

BOONE COUNTY FITNESS CENTER PERMISSION FORM for ages 13-15

I _____ give permission to
my child/children

To use the Boone County Fitness Center on their own. I acknowledge that my child must follow all rules set by the Boone County Fitness Center. If they do not, they will lose their privileges. I also understand that my child may not act as a chaperone for others younger than 13 years of age and that my child may not bring friends or relatives who are non-members into the facility under my membership. I have read and understand the attached rule sheet and have shared these rules with my child/children.

PARENT SIGNATURE: _____

CHILD: _____

CHILD: _____

CHILD: _____

DATE: _____ EMPLOYEE: _____

BCFC RULES FOR CHILDREN 13 – 18 YEARS OLD

1. Members with children 13 -15 years of age must have a consent form on file for the child to use the Boone County Fitness Center alone.
2. Any child under the age of 13 must have a chaperone 18 years of age or older in the building with them at ALL TIMES. Anyone under 18 is not considered a chaperone.
3. Any child under the age of 13 is not allowed in the sauna.
4. Any child under the age of 5 is not allowed in the hot tub.
5. Children under the age of 16 must not be in the pool without a chaperone (18 years of age). Chaperone must be ON THE POOL DECK or in the pool with them AT ALL TIMES. If the chaperone exits the pool area for any reason they must take the child with them.
6. Children 13-15 years old may use the weight room using the “buddy system” at all times!!
7. It is recommended that children up to the age of 18 years old wear eye protection while playing racquetball. Goggles are available at the desk.
8. Children must be 15 years old to use the stair master, spinning bikes and the expresso bikes.
9. Children must be 13 years old to use the treadmills, NU-step, recumbent bikes and elliptical.
10. Children under 13 may accompany parents but they may NOT play on any equipment and the parent must be able to see the children AT ALL TIMES. PLEASE respect other adults using the facility.
11. ALL RULES MUST BE FOLLOWED. Violations will be dealt with accordingly and the staff of BCFC will use the “3 strike rule” to deal with violators. The Boone County Board of Directors reserves the right to retract or change this contract without notice, and reserves the right to refuse service to violators.

“3 STRIKE RULE” If any of the above rules have been broken or any other misconduct has occurred, the “3 strike rule” will be used.

1. STRIKE ONE: Verbal Warning. A verbal warning will be given to the offender. This will be documented by the employee giving the warning.
2. STRIKE TWO: A phone call will be made to the parents. If parents are not reachable by phone we will send a letter stating the offense, date of the verbal warning and date of the second strike and ask the parent to contact BCFC for verification that they received the notice.
3. STRIKE THREE: The offender will be removed from the Boone County Fitness Center for a length of time to be determined by BCFC management and/or the Boone County Fitness Center Board of Directors. The actual offense will also be used to determine the length of suspension. This could range from one day to a permanent suspension of membership. Strike Three will also be discussed at the next available Board Meeting. Permanent suspension can only be determined by the BCFC Board of Directors.

IF AN OFFENSE IS SEVERE ENOUGH, WE RESERVE THE RIGHTS TO SKIP STRIKES 1 & 2 AND PARENTS WILL BE NOTIFIED IMMEDIATELY.