APRIL 2025 BCFC NEWSLETTER



40 YEARS OF FITNESS

A CELEBRATION OF HEALTH

Jim and Elaine Wolf had a longtime dream that turned into reality 40 years ago. With their generosity and vision they were able to give the Albion area the extraordinary gift of the Boone County Fitness Center. They envisioned a place where the community could come together and enjoy the amenities the Fitness Center has to offer.

40 years later, their vision is still going and growing.

Join us from 1:00-4:00 pm on April 27th

- People's choice grilling competition
- Cool Door Prizes
- Family Friendly Activities
- Facility Tours
- 40 Year Commemorative T-Shirts Available

BRING YOUR LAWN CHAIRS AND APPETITE

Keep your eye on social media for more details

SCHEDULED

SWIM LESSONS

March 31-April 17 M&TH

4:15-5:15 Level 2

5:15-6:15 Level 3

6:15-7:15 Level 4 & 5

June 2-13 M W F Rachelle

1-2 pm Level 22-3 pm Level 3

June 2-19 M&TH

3-4 pm Level 4 & 54-5 pm Level 25-6 pm Level 5 & 6

June 23-July 10 M&TH

2-3 pm Level 23-4 pm Level 34-5 pm Level 2

July 14-31 M & TH

2-3 pm Level 6 & 7 3-4 pm Level 2 4-5 pm Level 4 & 5

CHECK POOL DOOR FOR UPDATES AND ADDED TIMES



Our WEIGH TO GO Winner is

Ryan Stagemeyer with a 10.38% loss

2nd place was **Debbie Morgan**

with a 7.74% weight loss

Ryan's winnings are going to BCHC Cancer Cure Cards

REMINDER

- Please follow rules posted
- Please leave dirty shoes at the door
- Please use the sidewalk instead of cutting across
 lawn and landscaping
- You have to be 13 years or older to use all equipment

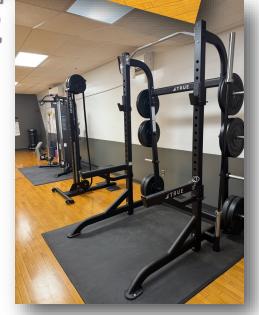


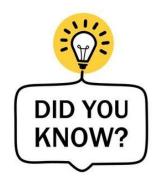
Our new equipment is in! Come check out our updated space which includes:

Functional Trainer, Kettlebells,

Ropeflex, and Squat Rack

Thank you again for your donations and continued support.





You can use your HSA/FSA for more than prescriptions, medical bills or co-pays. Check out this link below to see how you can use your HSA/FSA for fitness and more.

https://www.withflex.com/blog/can-you-use-hsa-gym-membership



FAMILY 24 hr ACCESS

Ask at front desk for details

Individual: \$120/year

Add'l: \$60/year Family: \$240/year

REMINDER: HOURS CHANGE STARTING IN MAY

Financial Assistance Available

If you know of anyone that could benefit from what we have to offer but could use financial assistance, have them call Melinda 402-395-2244

Monday-Friday

5:30am -8:00pm

Saturday

8:00am -4:00pm

Sunday

CLOSED

Boone County
Fitness Center
527 S 5th St
Albion, NE 68620

402-395-2244

bcfitnesscenter.com







This fall we will be painting the pool.

Watch for undates when time

Watch for updates when time gets closer.

