

QUARTERLY newsletter



1

Dues will be changing effective July 1st, 2026!
They will be as follows:

- \$60/month for **Family Dues**
- \$39/month for **Individual Dues**

2

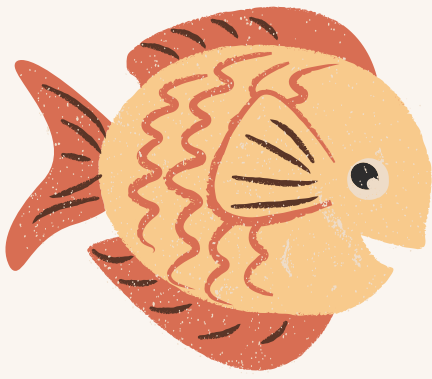
Keep an eye out for future challenges coming soon! We may have some things up our sleeves...

3

Want to teach a class this fall? We'd love to hear from you! We are looking for instructors who are passionate about helping others improve their health and wellness, while offering accountability and fun!

4

Join the Gym Masters Club! Your name will be added to our Gym Masters list for recognition of 156 gym visits within a year. You will also receive a t-shirt for your accomplishment.



Dont forget!
Our Holiday Hours are as follows:

July 3rd: 5:30 a.m. - 6 p.m.

July 4th: CLOSED

Swim Lessons

Spots still available for fall, so give us a call!



24 Hour Access Available!

Want to come in at anytime? Miss the rush?

Get yourself 24-hour access and workout whenever it fits your schedule!

Yearly 24/7 Access Rates:

- **\$120 - One person**
- **\$180 - One person + additional person**
- **\$240 - Family Access**

Train on your time, anytime!

HOURS:

October 1st – April 30th

M-F: 5:30 AM – 8:00 PM

SAT: 8:00 AM – 4:00 PM

SUN: 12:00 PM – 6:00 PM

May 1st – September 30th

M-F: 5:30 AM – 8:00 PM

SAT: 8:00 AM – 4:00 PM

SUN: CLOSED

(Pool closes one hour prior)

Contact INFORMATION:

Phone: (402) 395- 2244

Email: boonecountyfitness@gmail.com

Website: bcfitnesscenter.com

OUR MISSION:

DEDICATED TO CARRYING FORWARD THE LEGACY OF OUR FOUNDERS, JIM AND ELAINE WOLF, WE DELIVER ACCESSIBLE, YEAR-ROUND FITNESS, RECREATION, AND WELLNES SERVICES THAT STRENGTHEN PHYSICAL HEALTH, NUTURE COMMUNITY TIES, AND ELEVATE THE QUALITY OF LIFE IN BOONE COUNTY AND SURROUNDING AREAS.

Attention!

Great News, Members!



Coming Fall of 2026:

We are excited to announce that Group Fitness Classes will be **included with your membership!**

You'll have even more ways to stay active while supporting our local instructors who put time, energy, and dedication into their craft!
Move. Connect. Get Stronger. Together.



1

Attend a class! Discover the benefits of our Zumba and Yoga classes. Improve your strength, flexibility, and overall well-being while boosting your mental health.

2

Check your email for our latest survey. Your input helps us continue improving and better serve our communities.

3

Be sure to check with your Health Insurance provider or agent to see if you qualify for a **fitness reimbursement** or **wellness benefit**. Many insurance plans help cover gym membership costs.